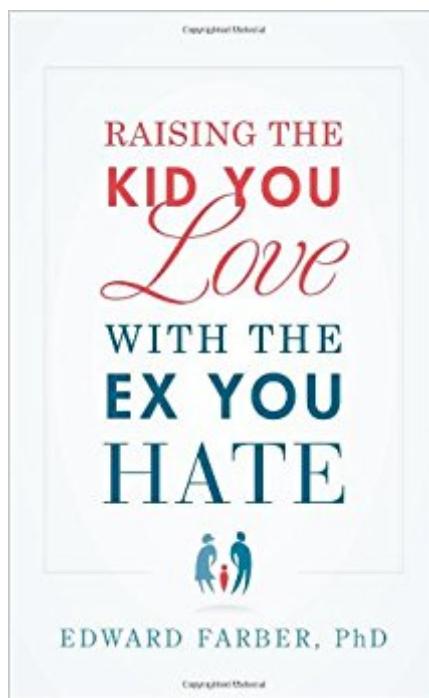


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# Raising The Kid You Love With The Ex You Hate



## Synopsis

Powerful advice for you and your ex-spouse on how to reduce conflict and protect your children's well-being while co-parenting. You and your former wife/husband are struggling to be civil to each other and you recognize the conflicts could be damaging to your child. Dr. Farber, a clinical child psychologist who's been in practice for 30+ years, knows what you're up against. He writes compassionately and insightfully about the concrete, doable steps you can take to avoid letting differences with your ex get in the way of being the best mom or the best dad you can be. Conflicts inevitably arise from living in two households. You don't have to like your ex, but, if you are going to co-parent successfully, you will still have to deal with your ex. Dr. Farber helps you navigate the upheaval with practical advice based on real-world families. His book shows you how to - Know what to say, and not to say, to your child about separation and divorce - Cope with child support and other money issues - Handle the holidays and special family occasions - Choose and adjust to new schools - Introduce your child to a potential new partner - Co-parent when an ex has a personality disorder, addiction problem, or is a bully - Decide when to recruit the help of a parent coordinator - Raise a healthy child while co-parenting. You'll draw strength and encouragement from the positive outcomes he's helped hurting parents and children achieve as they confronted such gripping problem areas. Dr. Farber's expert analysis and counsel will show you how to use co-parenting to turn your broken marriage into a working divorce that supports the emotional and developmental health of your children caught in the crossfire.

## Book Information

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## Customer Reviews

"For all divorced and divorcing parents, *Raising the Kid You Love with the Ex You Hate* should be required reading. It is a masterful clinician's simple but profound guide through the minefield of divorce, and is sure to help both the parents and children caught up in this unwelcome and all-too-common drama of modern life." (Norman Rosenthal, M.D., author of *Transcendence* and *Winter Blues*) "If you are divorced, or contemplating divorce, you need this book...Follow Dr. Farber's wise and practical rules and your children will flourish after the breakup, secure in the knowledge that your love for them trumps your disappointments in the marriage." (Dr. Richard A. Warshak, author of *Divorce Poison: How To Protect Your Family From Bad-mouthing* and *Brainwashing*; and *Welcome Back, Pluto: Understanding, Preventing, and Overcoming Parental Alienation*) "Dr. Farber's book is a must read for divorcing/divorced parents who want to insure their children's well-being and future adjustment...Using case examples to illustrate the feelings, dilemmas and decisions that divorcing/divorced parents face, Dr. Farber provides practical child-development-enhancing strategies and prescriptions that will guide parents to facilitate their children's emotional sturdiness and well-being over time." (Carol Weissbrod Ph.D., Associate Professor of Psychology, & Director of Clinical Training at American University, Washington, D.C.) "Divorce is hard on kids, but what hurts kids even more is nasty conflict between their parents. Based on his extensive experience with children of divorce, clinical psychologist Edward Farber provides an invaluable guide through the mine field of mistakes angry ex-spouses need to avoid in co-parenting after a divorce." (Dianne L. Chambless, Ph.D., Professor & Director of Clinical Psychology Training, University of Pennsylvania) "Dr. Farber is that "good conscience" we'd all like to have looking over our shoulders. His light touch and solid practical advice for the divorced parent is easy to read and sure to save readers and their children from lots of anxiety and lots of legal bills." (Dan Oren, M.D., Co-author of *How to Beat Jet Lag*,

Dr. Edward Farber is a licensed clinical psychologist in Virginia and Maryland. He is on the faculty at the George Washington University School of Medicine and is the former chair of psychology at the Ohio State University Pediatrics Department and Columbus Children's Hospital. Recognizing the need for specialized services for families in transition or conflict, Dr. Farber founded Reston Family Center to provide pre-divorce counseling, custody evaluation, visitation mediation, and parent coordination interventions. Dr. Farber has published professionally, lectured nationally, and received multiple research grants, and has served on several national and local community boards.

This is a valuable and good book for those parents who are separating or separated, whether at war or not. It's even more valuable for me as a family law attorney. I leave a copy sitting on my desk, and my clients immediately respond to the title. It leads to good discussions about how to handle custody issues. And some of them even go out and buy the book. I do wish it had a bit punchier style and was more like a *Custody for Dummies* book, but the observations and advice are spot on.

The book was highly recommended from a Parenting website. After reading the first few chapters, the content and subject fields are precise and truthful. As a single father raising a five year old daughter, I look forward to learn many more pointers to focus on being a good parent to my child. Thus far, I definitely would recommend the book to all parents; both Single and Dual. It is worth the investment for a few \$\$. As stated "Raising your children with love is most essential regardless of the place and time...". Co-parent is always present with challenges. However, patience and discipline will overcome the impossible."

This book has a lot of good advice in it. It also has a lot of horror stories, of ways parents behaved, ways they treated each other, and ways they treated their kids that were really horrible. I couldn't finish the book because those stories were so upsetting. However, if I were in a situation where I was raising kids I love with an ex I hate, this book would probably be just the thing I would need to help me avoid enacting some of those horrible things myself.

It was good. Need more advise on how to deal with ex who takes his anger out on the kids. How to help your child cope when your ex is always angry. How to deal with with ex when talks bad about you to our child.

Good advice to help frame my thoughts and conversations with my ex. Just wish my ex would read it too...

I read this book hoping to gain some additional insight into the behavior of my ex. Very well written and pragmatic

Okay for people who can communicate with their ex, Not for people with abusive ex partners like David Sills.

According to this joke of a psychiatrist , it is not illegal to be racist, homophobic and display road rage behavior, therefore children should be left to be raised by the destructive parent. This dangerous individual is a narcissist himself. Stay away from anything that has to do with him, including a book that doesn't help in any shape or form to deal with a narcissist parent.

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